

Polar Bear Run Official Entry Form

Last Name _____

First Name _____

Address _____

City _____ State _____ Zip Code _____

Age _____ Date of Birth _____ Male _____ Female _____

I am participating in the (check one):

5K Run* _____ 1 Mile Run _____ *All 5K entrants may also run the 1 mile

T-shirt size (check one):

S _____ M _____ L _____ XL _____ XXL _____

Youth S _____ Youth M _____ Youth L _____

Deadlines & Fees:

Fees: Pre-registration - \$16
Race Day - \$21 (Registration begins at 7:30 a.m.)
Phantom Runner - \$21

Mail: Pre-registration must be postmarked by February 5, 2010.

Mail Entry Form and a check payable to:

Polar Bear Run

138 South Washington Street

Prattville, AL 36067

Walk-in: Entrants my pre-register at Prattville First Baptist Church, Monday - Friday,
7:30 a.m. - 4:30 p.m. by February 9, 2010.

Disclosure and Signature:

In consideration and acceptance of this entry to the Polar Bear Run, I waive any and all claims for myself and my heirs and assigns against the sponsors and official of the above mentioned race (to include First Baptist Church) for any injury or illness which may result from my participation. I allow any and all photographs taken during this event to be used by the organizers for any future promotional efforts.

Under 18 also requires parent's signature

Participant _____ Date _____

Parent _____ Date _____